

The New Reality: Coaching Community Week

#Brave #Honest #Prepared - Together

4th-7th May 2020

ukicfconference.org.uk



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The Leadership Circle



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WELCOME

Felicity Hodkinson, President UK ICF Chapter

The normalcy of our lives has been shaken and stirred. Simple things we have taken for granted are not viable in the Spring of 2020. A tiny virus has stopped us in our tracks. With alarming pace, it took us from a place where the uncertainty of Brexit pales into comparison against the uncertainty we are now experiencing at a global level. The title we'd planned for our conference "The New Reality" suddenly gained even greater resonance!

We're thankful to our speakers, sponsors and event partners who have worked tirelessly to pull off the transition from an in person conference to an online event. What would normally take six months has been done in six weeks with mostly volunteer time.

As coaches we have a massive role to play in resourcing our clients to find themselves in our new reality. To learn how to ride the waves of change; to develop awareness of one's own process and meaning making. To know how to create the conditions for one's own resilience. To let go of what was and move forward.

Alongside the difficulty, we can also see there is awakening. There is a realisation that life could be different, and a 'better' different. We can help our clients fertilise the soil to sew their own seeds of possibility; to develop a vision for their future reality; to build their north stars that will guide their intention and actions as the future unfolds. The following quote is a great reminder us to look at the value in unexpected disruption:

*"To be fully alive, fully human and completely awake is to be continually thrown out of the nest."
Pema Chodron, Buddhist Teacher & Author*

We are delighted you are joining us for an exciting programme of content themed over four days. Our best hope is that it will help you think, learn and build your own resources to support you, your clients and their communities; to stay awake to new possibilities and to play an active role in creating a new reality.

All the best
Felicity



THE NEW REALITY: COACHING COMMUNITY WEEK

#BRAVE #HONEST #PREPARED - TOGETHER

DAY 1: HEALTH AND WELLBEING

Monday, May 4, 12:00 - 17:00 BST



DR EMILY GROSSMAN THE NEW REALITY: FULFILLING YOUR PURPOSE ON A CHANGING PLANET

We can no longer ignore the unequivocal, scientific data that underpins the current climate and ecological crisis. Dr Emily Grossman will share the what, the why and the who of the planetary status - a reality that is worsening daily and one that in her view, requires radical intervention.

[Claim your CCEUs: 1.0 RD, CLICK](#)

12:00 – 13:15 BST



DR BARBARA MARIPOSA IF COVID 19 IS THE CANARY IN THE COAL MINE AND IF SO, WHAT IS IT TELLING US?

Many people talk about “when all this is over” as if we were currently living in a dark cave in hibernation and will emerge, blinking in the bright light, to step back to “everyday life”. Is this an healthy or helpful reaction? If not, what else?

[Claim your CCEUs: 0.75 RD, CLICK](#)

13:45 – 14:30 BST



ABOODI SHABI RESILIENCE NOT ENDURANCE – READY FOR THE CHALLENGES AHEAD

In this highly experiential session, we will look at the notion of resilience - not as endurance, but as a set of practices that can support us - and our coaching clients - in maintaining well-being in our daily lives and in meeting the challenges ahead.

[Claim your CCEUs: 0.375 CC & 0.375 RD, CLICK](#)

15:00 – 15:45 BST



INGRID POPE, ACC DE-CLUTTERING: CREATING SPACE FOR A NEW REALITY

Are you aware of the impact that clutter, in all its forms, has on your life? What if you could release some significant invisible value in an enjoyable and stimulating way? What would that be worth to you?

[Claim your CCEUs: 0.1875 CC & 0.5625 RD, CLICK](#)

16:15 – 17:00 BST

OUR PLATINUM SPONSOR



We are incredibly excited about the opportunity to step into the 'New Reality' at the UK ICF Conference as their platinum sponsor! We are bringing together our vision of democratizing coaching into the forefront of coaches' lives with the tremendous connection of ICF's ethical standard.

We believe that every individual globally should have a coach. This includes not only the CEOs of the world but, entry, middle management, and employees as well. As Europe's leading platform we are bringing the future of coaching to the 'New Reality' of today with remote working and easy payment.

Our Coach Relations Team takes care of all of our coaches, working closely together in an ethical, transparent and honest manner, as well as progressing together towards growth while encouraging their long term connection with their coachee. And as the trend is moving towards digital communication, especially during this trying time, we are supporting more and more companies who are interested in investing in their employees, to strive for leadership personally and professionally.

WHO IS CoachHub AND WHAT CAN YOU EXPECT?

- CoachHub offers **digital coaching for employees at all levels**, making coaching scalable and sustainable for companies.
- We work across **various industries and company sizes**: coaching talents around the globe.
- Our partner companies enter long-term contracts with us, meaning that coaching is **secured for a long period of time**. We select Coaches based on important quality standards, professional experience and certification.

WHAT DOES COACHING WITH CoachHub LOOK LIKE FOR YOU?

- **Online Coaching**: You will have access to our all-in-one web and mobile app solution which allows you to coach your Coachees via video call and set focus areas, goals, homework and appointments with them. You will not have to spend any time and money on acquisition, nor have any travel expenses, as you can comfortably work from everywhere, anytime.

HOW TO JOIN THE FUTURE WITH US?

- We accept Coaches with a minimum of **500 Coaching hours** and several years of **leadership experience**. Nevertheless, we also encourage Coaches with less hours to get in touch with us, so that we can support you on your journey to achieving PCC or MCC! Any eager coaches are more than welcome to join and help shape our community!

Reflective of our cooperation on this incredible event we want to give the ICF coaches of the UK a chance to jump on this adventure into the future of digital coaching!

After the Coaching Week we will be communicating a brilliant workshop where we will discuss the best ways to promote yourself in this NEW REALITY, the future!

Sources, *CLICK ME: Prepare for the Future of Coaching*
CLICK ME: Christina Vasiliadis & The CoachHub Team

INTRO VIDEO TO COACHHUB



INTRODUCING COACHHUB'S NEW LEARNING LIBRARY



RESOURCES

Whitepaper on Digital Coaching

[CLICK ME](#)

Research Study Equipping Managers to become great leaders (registration required)

[CLICK ME](#)

THE NEW REALITY: COACHING COMMUNITY WEEK

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DAY 2: SUSTAIN AND BUILD
SPONSORED BY COACHHUB

Tuesday, May 5, 12:00 - 16:30 BST



FRASER MURRAY THE NEW REALITY - BEING BRAVE HONEST & PREPARED: BUSINESS BUILDING FOCUS

Coaching has a critical role to play in supporting health and well-being across society. We need to further evolve coaching services to enable coachees to cope with their intricate lives. Fraser will share his experience of working across 30 countries, inspiring organisations and coaches to think differently and address new paradigms.

[Claim your CCEUs: 1.0 RD, CLICK](#)

12:00 – 13:00 BST



RACHEL BAMBER, PCC THE RISE OF THE COACHING MACHINES

CLAUDIA BABESCU & BILL BRITTEN COACH BOT

The Rise of The Coaching Machines: Digital coaching solutions such as 'coachbots' are already on the market and available free on your smartphone, however will the increased reliance of artificial intelligence (AI) mean a fast demise of the human coaching profession and its supportive industries?

Coach Bot: In this session, you're going to learn about virtual reality and how it can take coaching to a whole new level. Ever wanted to give your clients hands-on training in a risk-free space?

[Claim your CCEUs: 0.125 CC & 1.125 RD, CLICK](#)

13:30 – 14:45 BST



LUCY WIDDOWSON, PCC & PAUL BARBOUR TEAM COACHING - GETTING READY FOR THE NEW REALITY

Are you ready for the growth of team coaching? This experiential, interactive and practical session will help you to better understand how team coaching can help improve collaboration and organisational success.

[Claim your CCEUs: 0.625 CC & 0.625 RD, CLICK](#)

15:15 – 16:30 BST



WE ARE POWERED BY



With the leading online event for coaches and a strong community of over 100,000 professional coaches globally, our mission and goal is to raise the global standard of coaching, by providing you with the most impactful and innovative content available in the industry in both the Summit, and Exclusive Graduate Level Coach Education programs, we aim to support both your professional and personal growth.

We are proud to support the UK ICF with their first ever virtual Coaching Community Week!

www.wbecs.com

THE NEW REALITY: COACHING COMMUNITY WEEK

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**DAY 3: CONNECT
SPONSORED BY THE LEADERSHIP
CIRCLE**

Wednesday, May 6, 12:00 - 17:45 BST

UK ICF FOR ORGANISATIONS LEADERSHIP TEAM HOW IS UK ICF FOR ORGANISATIONS SUPPORTING ITS MEMBERS IN THIS TIME OF CRISIS?



Join us in an intimate session to explore how organisations have been working together to utilise coaching in times of crisis to get through COVID-19 and face into the coming challenges of recession. Meet the volunteer team and some of our members. Hear first hand how UK ICF for Organisations are supporting the membership community. Find out from them the benefits they have already experienced, what they hope the membership will do for their organisation in this new normal and how you and your organisation might benefit from this extraordinary membership proposition.

[Claim your CCEUs: 1.0 RD. CLICK](#)

12:00 – 13:00 BST



HELEN MORRIS, LOUISE GOHR & DOMINIC CURRAN POWER OF COACHING IN EDUCATION: CASE STUDY

The story begins with two Headteachers who connected through the power of coaching and spotted an opportunity to lead their schools using this life-changing approach. You will learn how they spread a low cost, high impact coaching culture across their town and how this is now spreading across the North of England. Investment in staff and pupils has had a positive impact on wellbeing, as well as helping to discover future leaders in education.

[Claim your CCEUs: 0.75 RD. CLICK](#)

13:30 – 14:15 BST



Whova

Whova helped us create our **Coaching Community Week**.

Enjoy the App? Eager to learn more about creating engaging & organized events?

Contact Peter Howell: peter@whova.com

THE NEW REALITY: COACHING COMMUNITY WEEK

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**DAY 3: CONNECT
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Wednesday, May 6, 12:00 - 17:45 BST

CHRISTINE PAULUS A JAZZY MINDSET TO INNOVATE AND EXPLORE CREATIVE DIMENSIONS IN UNCERTAINTY



JULIE FLOWER AGILITY IN AN UNCERTAIN WORLD - USING IMPROVISATION IN COACHING



A Jazzy Mindset to Innovate and Explore Creative Dimensions in Uncertainty: How can jazz inspire us coaches and leaders to enhance our impact? Today's environment is characterised by complex situations, with many unknowns and happening at rapid speeds. Playing by the notes does not cut it nowadays.

Agility in an Uncertain World - Using Improvisation in Coaching: This interactive workshop will use techniques from improvised comedy to enable you to enhance your presence, spontaneity and adaptability as a coach. You will leave with practical, creative and engaging tools for use with individuals and teams.

[Claim your CCEUs: 0.25 CC & 1.0 RD, CLICK](#)

14:45 – 16:00 BST

JENNY BIRD, MCC & SARAH GORNALL, PCC TRUST IN UNKNOWING - MCC DEMO (NOT RECORDED AND LIMITED AVAILABILITY)



In a coaching session, we are almost always in the unknown. We experience tensions between holding the client's agenda, the organisation's agenda and the potential intrusion of our own values and beliefs. Our own assumptions and guesses may distract us. We balance concerns about presence in the moment, noticing what's going on for us and assessing what in our responses might be of use to the client. In this session, we explore the dance of unknowing.

[Claim your CCEUs: 1.25 CC, CLICK](#)

16:30 – 17:45 BST



The Leadership Circle®

The Leadership Circle is a complete system for leadership development, combining best-in-class tools for individuals, teams, and organisations. Our Universal Model of Leadership is the backbone of our assessment tools, coaching practices, and overall individual and organisational development methodology. If we want to develop more effective leaders, and do that more rapidly and sustainably, we need a more comprehensive approach. The field of leadership development is a fragmented collection of theories and practices. The Leadership Circle has taken the best of what has been learned over the last half century and woven it into the first unified theory of leadership development to arise in the field. Based on this unique framework, we offer a complete and integrated system of leadership development. There is no substitute for effective leadership.

THE LEADERSHIP CIRCLE MODEL



THE LEADERSHIP CATALYSTS

QFIVE95 is pleased to be sponsoring UK ICF's **The New Reality** and, in particular, a day entitled **Paradigm Shift**. For that's where we are right now - looking at the need for 'a fundamental change in approach or underlying assumptions'.

UK ICF has demonstrated its ability to grasp a paradigm shift with this virtual conference. A great achievement. Thank you to all of your team.

Two years ago we sensed a slow shift of attitudes at many of the organisations we work with towards reducing the inconvenience and cost of travel for both coaching and training, as well as emerging concerns about environmental issues.

So, last year we decided to convert our ICF-accredited **Coaching for Leadership Diploma** programme to blended learning combining live Zoom video sessions with interactive communities using Fuse Universal's social learning platform. Thank you universe for pointing us in that direction!

As around the globe societies, communities, families, friends and individuals cope with the enormous physical, financial and mental challenges that COVID-19 has thrown up, we coaches can play a significant role in navigating a way forward because our mindset is always focused on the art of the possible.

All of us at QFIVE95 would like to wish you success in meeting whatever challenges you are facing, and hope that this conference will provide reassurance, practical ideas and a sense of community to inspire and energise you.

Richard Bentley PCC
Director, QFIVE95

PROMOTION

The Leadership Circle Free Self Assessment
[CLICK ME](#)

RESOURCES

The Leadership System
[CLICK ME](#)

Collective Leadership
[CLICK ME](#)

Leadership Circle Profile
[CLICK ME](#)

Leader Circle Profile ME
[CLICK ME](#)

WEBSITE

The Leadership Circle
[CLICK ME](#)

RESOURCES

QFIVE95 UK ICF Conference Videos

Some videos looking at different aspects of the paradigm shift that current events are creating. If you would like to explore further how we can help you achieve your own effectiveness, contact Richard Bentley, either on +44 (0)1823 680152 or at bentley.richard@qf95.com



QFIVE95 Keep Right

[Richard Bentley](#)

This video and the one on the Areas of the Brain share some core brain science vital to creating the



QFIVE95 Areas of Brain

[Richard Bentley](#)

This video and the one on the Keep Right approach share some core brain science vital to

WEBSITE

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THE NEW REALITY: COACHING COMMUNITY WEEK

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**DAY 4: PARADIGM SHIFT
SPONSORED BY QFIVE95**

Thursday, May 7, 12:00 - 17:15 BST



CHARLY COX, PCC COACHING IN THE PARADIGM SHIFT

Coaching is THE skillset for our rapidly changing decade. Using the live example of Coronavirus, Charly will explain how coaching skills can changing mindsets so that we can tackle big global challenges like climate change.

[Claim your CCEUs: 0.50 CC & 0.50 RD. CLICK](#)

12:00 – 13:00 BST



CAROLE GASKELL MODELLING COACHING WITH TRUE ALIGNMENT IN A CHAOTIC WORLD

Life and work are chaotic and disjointed for so many people. We are on the precipice of entering into something different. People are looking for the edge to cut through the busyness that impacts performance, health and well-being of individuals, teams and entire organisations.

[Claim your CCEUs: 0.1875 CC & 0.5625 RD. CLICK](#)

13:30 – 14:15 BST



DR JONATHAN ASHONG-LAMPREY WHY COACHING NEEDS TO EMBRACE AN INCLUSIVE APPROACH IN ORDER TO GROW IN THE 21ST CENTURY

Corporates in the UK recognise the need for Diversity and Inclusion, however the coaching industry is ill equipped to support organisations in this endeavour. This challenge undermines the growth of coaching as a field of expertise.

[Claim your CCEUs: 0.75 RD. CLICK](#)

14:45 – 15:30 BST



PLENARY: THE NEW REALITY: COLLECTIVE PERSPECTIVE

A lively interactive debate and exchange of views on The New Reality with subject matter experts from the Economy, Technology, Futurology, and the World of Work.

Panel: Sam Isaacson, John Welsh, Eleanor Winton. Moderator: Jozefa Fawcett.

[Claim your CCEUs: 1.0 RD. CLICK](#)

16:00 – 17:15 BST

OUR SUPPORTERS



Resources

Professor Peter Hawkins video – How does Systemic Team Coaching differ from other forms of team coaching?
[CLICK ME](#)

Is Team Coaching the Answer to the Biggest Challenges Facing your Organisation? Download the report.
[CLICK ME](#)

Coaching for Leaders on-demand webinar
[CLICK ME](#)

Teams Working at Their Best on-demand webinar
[CLICK ME](#)

How Coaching Will Help You Manage Change webinar
[CLICK ME](#)

Motivation for Performance on-demand webinar
[CLICK ME](#)

Developing and Retaining Talent on-demand webinar
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AoEC

The Academy of Executive Coaching (AoEC) offers professional executive and team coach training alongside coaching-based services for organisations. Founded in 1999, the AoEC serves the global market with offices around the world including the UK, South America, Middle East, mainland Europe and East Africa. Today, the AoEC is firmly established as one of the profession's leading coach training providers and is accredited by the industry's three major professional bodies. Providing end-to-end learning as open programmes or for groups in-house, AoEC programmes are suited to different career levels and areas of expertise.

Its Diploma and Certificate courses are also supported by a range of workshops and masterclasses to aid ongoing professional development for coaches, HR and L&D professionals, young professionals, managers at all levels and organisational development specialists.

The AoEC's consultancy services are accessible to organisations and feature a range of tailored solutions and products that can help address a multitude of issues facing businesses today.

The AoEC assists organisational clients in coach training and has a team of consultant coaches who work with businesses to support leaders and their teams with their people management, talent or wellbeing strategies, change management initiatives or to bring a coaching capability in-house.

Promotion: Advanced Practitioner Diploma in Executive Coaching
[CLICK ME](#)

Website: www.aoec.com
[CLICK ME](#)



Everything DiSC

Everything DiSC® is a personal development learning experience that measures an individual's preferences and tendencies based on the DiSC® model. This simple yet powerful model describes four basic styles: D, i, S, and C, and serves as the foundation for the Everything DiSC Application Suite. Our range of solutions offer end-to-end learning experiences that have an immediate and lasting impact on the performance of people and the cultures of organisations.

Everything DiSC® is available through our Authorized Partner Network of coaches, trainers, and consultants who create meaningful transformation for individuals and organisations through the application of our solutions.

Promotion: Free access to exclusive Everything DiSC® Agile EQ™ content when you register today at www.everythingdisc.co.uk/ICF
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Website: www.everythingdisc.co.uk
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Open University Press

Open University Press are a trusted social science publisher specialising in coaching, education, health and social work, research and study skills, psychology, counselling and psychotherapy. We have original works by many foremost scholars and internationally recognised experts. Our wide-ranging and diverse publishing programme includes resources for study and professional development.

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Website: www.mheducation.co.uk/professionals/open-university-press
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ICF MEMBERSHIP IN 2020-21

"Coaching is an integral part of a thriving society and every ICF Member represents the highest quality of professional coaching." ICF Vision

We are a global community of coach professionals committed to expanding the reach and delivery of high quality coaching to impact the lives, work and societies of those they touch.

Our coaches tell us that they most value these 5 benefits of ICF membership:

1. Pride in the gold standard of their professional credential, validated with the ICF logo, digital badge and profile
2. Building knowledge using the ICF resources and the resource portal
3. Gaining coaching experience via the peer to peer reciprocal global coaching scheme
4. Learning from and sharing with coaches around the world through Communities of Practice
5. Tapping into discounts such as the 10% discount on Zoom accounts

Your Chapter brings together the local UK ICF community within this global organisation. As volunteer coaches we aim to create relevant content; connection and impact. Complimenting the Global offer with:

- **Support for your professional development:** We curate and create content for you. Check out our Covid-19 resources; join our complimentary webinars for credentialing and ethics. Gain CCEUs to support your credential application.
- **Community:** The UK ICF website makes it possible for you to connect with your community. Search for local groups led by coach volunteers, mentor coaches and supervisors.
- **Impact:** We support and connect you to increase the reach of coaching, working with ICF Foundation to access resources and approaches to pro bono coaching.
- **Leadership opportunities:** Our volunteer structure gives you the opportunity to lead and contribute. Join the dedicated and driven team of coaches who volunteer their time and expertise to shape and contribute to the evolving coach profession. Read more on the next page: CHAPTER LEADERSHIP.

Thank you to all our members who have already chosen to renew and show their continued commitment to the ICF and their support of the UK Chapter. For those that can, we encourage you to renew now and not delay. It helps us a Chapter, help you to help your clients. Your support now helps those in our community who need more time to renew.

We are a not for profit organisation, led by volunteer coaches for coaches. Every member is valued and every pound of membership fees is spent with care. In the spirit of this, if you'd like to donate more than your membership fee to support the work of the Chapter, you can do so here: [DONATE](#)

From now until end of June, we are offering the following resources at no charge.

You can find more details on our [Covid-19 resources page](#)

For details on membership and renewal, go to the [UK ICF Chapter website](#).

2020 Membership fees are:
US \$245 + £50 and the membership year runs to 31 March.

[Renew your membership](#)

[Join ICF](#)

[Play your part - join the Chapter Leadership](#)

[Coach for Social Impact, ICF Foundation](#)

CHAPTER LEADERSHIP

The UK ICF Chapter is led by team of dedicated and driven ICF coaches who want to contribute to the content, community and impact of the Chapter. We are excited to share with you the following opportunities:

COMMUNICATIONS AND EVENTS TEAM

Relevant content and simpler communication is something we hear our members ask for more of. There are two opportunities currently available:

- If you love researching and sharing content that is impacting coaching now or looking towards future trends, then the role of Director of Thought Leadership is for you. While the title may sound daunting, the purpose is to help coaches, commissioners of coaching, sellers of coaching to future proof their businesses by putting them in touch with relevant content. You'll work closely with the Global ICF Thought Leadership team and be confident in networking and writing.
- Passionate about coach development and enjoy creative expression, then the Associate Board Member role of Content and Communication is perfect for you. Work closely with the Director of Communications and Events and Director of Professional Development to engage our membership audience across a range of media.

COACH MEMBERSHIP TEAM

We'd like to review and revitalise the Chapter membership proposition and are looking for a group of people (4-5) to come together and form a working party to undertake this review; listening to the community and shaping an offer that is relevant to test in 2021. This was always our intention and feels even more relevant within the context of Covid-19. You may want to lead this piece of work as the Strategic Director of Coach Membership or play an active role as a working group member.

CAN YOU HELP?

If you're an ICF coach experienced in working with the NHS or running pro bono initiatives in either the NHS or other sectors of society, we'd like to hear from you. There is an opportunity for us to extend our social impact and we'd like the input from our community to improve our offer.

REGISTER YOUR INTEREST

This is an exciting time to come and work with an exceptional team, and contribute to the demonstration of the value of the professional standards, community and impact of the ICF in the UK. We look forward to hearing from you.

To register your interest and to be connected to the relevant Director for further information, please complete this short form: [**Register now**](#)

We operate on fixed terms for our Board roles, 3 years for Directors and 2 years for Associate Board Members. Time commitments vary by role, with a minimum of 4hrs a week up to 10hrs a week for Strategic Directors.