

MCC Descriptors for “Trust in Unknowing” Session

The Coach ...

- ... is comfortable not knowing as one of the best states to expand awareness in (3)
- ... is willing to be vulnerable with client and have client be vulnerable with coach (3)
- ... is ready to be touched by the client and welcomes signals that create resonance for both the coach and client (4)
- ... is not afraid of questions that will make either the coach or the client or both uncomfortable (6)
- ... easily and freely shares what is so for the coach without attachment (7)
- ... invites, respects, and celebrates direct communications back from the client (7)